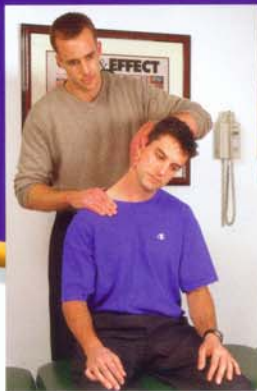


Care programs are designed for your unique health problem.



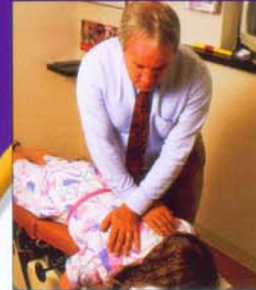
A thorough chiropractic examination will be performed.



Most chiropractic offices invite prospective patients to tour the office and meet the doctor, without cost or obligation.



Everything is explained in advance so you can ask questions, understand what the doctor has found, and what can be done to help you.



There are many ways to adjust the spine, however, the goal remains the same—relief and better health.

Your doctor will review your health history and determine if your problem is likely to be helped with chiropractic care. If it is, a thorough examination usually follows. Your reflexes may be tested, your ability to turn and bend, and other standard orthopedic, neurological, and chiropractic tests will be conducted. If necessary, X-ray views of your spine may be taken.

Your doctor will study the results of these examinations and explain what they mean. Then, the doctor will recommend a care program designed for your unique health problem.

With a complete understanding of your condition, you're ready for your chiropractic adjustment. Adjustments help restore proper spinal and nervous system function, promoting the healing process. Continued visits help retrain the supporting muscles and ligaments of your spine. Periodic examinations will monitor your progress.